

# Peak Life Coaching

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Peak Life Coaching offers solution-focused support to help people overcome obstacles and achieve goals. Certified Life & Career Coach Tracy McIntyre draws upon her education and wealth of experience to assist clients to clarify their goals and develop personal strategies that leads them to successful outcomes - all in 90 days. "Tracy helped me look beyond my mental barriers to a greater vision. She kindly, gently, and unflinchingly held me accountable to my goals... Tracy is both an excellent guide and an encouraging companion." Personal & Professional

Development

Solution-Focused Coaching

Staff Development Workshops

Career Change Coaching Member of the International Coach Federation

Contact Person: Tracy

Serves Community: Region

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